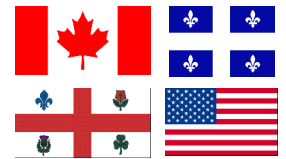


**526 competitors
in 2011**

Judo tournament Interzone & par pool



Montreal Cup 2012



**Award
Trophy
for the 1st
place !**



Place: Centre Sportif
Côte- des-Neiges,
4880 avenue Van Horne,
Montréal, QC
H3W 1J3

Date :
Saturday 10
March &
Sunday 11
March 2012

!!! Only 30 \$ per competitor !!!

Schedule of the Saturday 10 of March

Divisions	Sex	Born in	Belts	Weight	Date	Weight in
U-11	M	02 & 03	Yellow and +	-23,-25,-27,-30,-33,-36,-39,-42,-45,+45	Saturday 10 mars	7h45 à 8h30
U-11	F	02 & 03	Yellow and +	-23,-25,-27,-30,-33,-36,-39,-42,-45,+45	Saturday 10 mars	7h45 à 8h30
U-13	M	00 & 01	Yellow & Orange / Green & Bleu	-28,-31,-34,-38,-42,-46,-50,-55,+55	Saturday 10 mars	10h00 à 11h00
U-13	F	00 & 01	Yellow & Orange / Green & Bleu	-26,-29,-32,-36,-40,-44,-48,-52,+52	Saturday 10 mars	10h00 à 11h00
U-15	M	98 & 99	Yellow & Orange / Green and +	-34,-38,-42,46,-50,-55,-60,-66,+66	Saturday 10 mars	13h00 à 13h30
U-15	F	98 & 99	Yellow & Orange / Green and +	-32,-36,-40,-44,-48,-52,-57,-63,+63	Saturday 10 mars	13h00 à 13h30

FT 303 must be sing by the Technical Director whit the number of passport of the contestant, Judo Québec rules will be apply: Combats time is: 2 minutes for U-11, U-13: 3 minutes for U-15. Award: Medals and trophy. For a good tournament running the director of the tournament can change the rules on the tournament the days of the tournament.

The tournament it organize whit the help of Judo Québec.

The fees are payable to the weight in by cash or cheque to the (Foundation Nakamura & Gill).

Fondation Nakamura & Gill, 5319 avenue Notre-Dame-de-Grâce, Montréal, H4A 1L2, Phone: 514-481-2424,
Fax: 514-481-0074, fondation_ng@bellnet.ca

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Pizza Pizza his proud to help the
Foundation Nakamura & Gill for making
possible this tournament and help the
Foundation in their mission.



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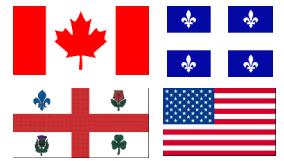
Book your room at the official tournaments hotel, HOTEL RUBY FOO'S, 7655, boul. Décarie, Montréal, H4P 2H2, 514-731-7707, special rates are reserved for you. Deluxe rooms, single or double, or studio.



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Schedule of the Sunday 11 of March

Divisions	Sex	Born in	Belts	Weight	Date	Weight in
U-17	M	96 & 97	Yellow & Orange / Green & Bleu	-46,-50,-55,-60,-66,-73, -81,+81	Sunday 11 March	8h30 à 9h00
U-17	F	96 & 97	Yellow & Orange / Green & Bleu	-40,-44,-48,-52,-57,63, -70,+70	Sunday 11 March	8h30 à 9h00
Master	M-F separate	82 & before	Yellow & Orange / Green & Bleu	Exact Weight & regroup of 5 years old difference	Sunday 11 March	8h30 à 9h00
Master Points for grade	M-F separate	82 & before	Brown & Black	Exact Weight & regroup of 5 years old difference	Sunday 11 March	8h30 à 9h00
U-17, Pool Points for grade	M-F separate	96 & 97	Brown & Black	Exact Weight	Sunday 11 March	10h00 à 11h00
U-20 & Sr, Pool Points for grade	M-F separate	95 & before	Brown & Black	Exact Weight	Sunday 11 March	10h00 à 11h00
U-20 & Senior	M-F separate	95 & before	Yellow & Orange / Green & Bleu	Exact Weight	Sunday 11 March	11h30 à 12h00

FT 303 must be sing by the Technical Director whit the number of passport of the contestant, Judo Québec rules will be apply: The pool tournament applies the regulations of the provincial grading board. Combats time is 3 minutes for U-17, U-20, senior & master. Award: Medals and trophy. For a good tournament running the director of the tournament can change the rules on the tournament the days of the tournament. The tournament it organize whit the help of Judo Québec.

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